HELP IN SUFFERING



'For helping suffering animals and all living things'

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Animaux-Secours

Association Reconnue d'Utilité Publique

Bien plus q'un refuge au service de la protection animale!





Mid Year 2019



Dear Supporters, Donors and Friends

We hope the year is going well for you so far.

As always it gives me great pleasure in presenting the latest news letter to you.

The past five months have been rather hectic for us. Apart from the fact that most of our foreign donors and friends visit us during the months of January and February, (the weather being beautiful) we also get a influx of stray puppies, which keeps our staff over worked.

We have had the pleasure of visitors like **Geoffrey Dennis, Chief Executive Spana,** who came with his lovely wife and handsome son, Katy Cheney, Director of Operations, Spana who was accompanied by her wonderful partner and Dr. Victoria.

We were delighted to welcome the two young ladies, from Dog Trust , U.K. Francisca and Katherine.

As usual we are ever so grateful to Animal Secours for their support and help for our rescues, without them we would not be able to rescue and help as many animals as we do. Equally important is our HIS team in the U.K who work hard to secure funds forus

We are grateful to everyone one of you who has helped us with our work,, either by kind or personal presence.

Anu Joshi donated a beautiful new dispensary to us, which we desperately needed and we are hoping to get a new operation theatre very soon.

This news letter has been delayed due to some unavoidable reasons, for which kindly accept my apologies.

We have had some major changes at HIS, mainly being Sonia, our campus director moving on to greener pastures. In her place we now have a very capable and able lady, Dr. Manju Shekhawat, who is not only a PhD. but has a vast experience of administration, and is an animal lover. We are



Dr. Manju Shekhawat Campus Director

fortunate to have her join our team.

I would once again like to thank each and everyone of you who support us from around the world.

Warm regards

Vijaya Kumari Managing Trustee Help in Suffering



Leaving a Lasting Legacy at Help in Suffering

None of us like to contemplate our own mortality but by writing a Will much heartache for your loved ones can be avoided and it allows you to remember those organisations close to your heart. In many countries leaving a bequest to a charity, such as Help in Suffering, is also tax efficient. Please consider remembering Help in Suffering in your Will.

We rely on our supporters to help us to help the thousands of animals we treat and care for each vear. We are grateful for all donations no matter how or where given or how much. Some of our supporters now send us a donation by Direct Debit each monthly direct from your account to ours. If you would like to do this please contact Help in Suffering.





Since the very earliest days of Help in Suffering our work for animals has been helped and greatly supported by our dear friends at Animaux Secours in France and Switzerland. Much of the shelter compound was built with Animaux Secours' help. In recent years their support has helped us to continue to rescue the thousands of suffering animals Help in Suffering rescues each year. Without their support and friendship we would struggle to maintain the service we provide to the street animals of Jaipur. We thank Animaux Secours for their constant and generous support of Help in Suffering.

The following cases are examples of the animals we have helped with the assistance of Animaux Secours and our other supporters in India and across the world.



General

The number of cases seen in our Dispensary has doubled in the last ten years. Despite this increase the Help in Suffering team, skilfully led by our Dr. Mayank, has not increased in size nor had the facilities changed in over 20 years; until recently that is.

Our long term, local, supporter, Anu Joshi, had for years brought her beloved canine companion, Sheeba, for treatment at the Dispensary. Sheeba was the most delightful, loveable German Shepherd dog. She suffered from painful arthritis and hip dysplasia, but never once objected to our regular examinations and treatments. Indeed she always thought of us as good friends. Very sadly over time Sheeba's quality of life deteriorated as her painful condition worsened in spite of the best treatment Anu and we could give. Eventually, when Sheeba could no longer stand unaided and her pain was uncontrollable. Anu and her vet team made the difficult, upsetting decision to end Sheeba's suffering through euthanasia. She left us enriched by having known her and left a large hole in Anu's life.

This sad loss of a dear, constant companion of many years acted as



a catalyst to Anu. She determined that in permanent memorial and gratitude to Sheeba, and her other dogs, she would build us a new Dispensary so we might better treat the increasing number of animals coming to the HIS Dispensary.

A long gestation followed as various ideas were explored. Eventually we settled on a design and the first sod was cut before Christmas last year. Anu herself not only donated the building but also a great deal of her time in researching, sourcing, and supervising the construction and fitting out of 'Sheeba's Dispensary'. Anu also marshalled support from others so that the new clinic was well equipped.

On 19th. March all was complete and, in a short ceremony with friends and supporters which Anu herself had organised, the new Dispensary was inaugurated by Princess Diya Kumari, mother of the current Maharaja of Jaipur. The Princess was offered two lovable orphaned Indi-dogs and graciously agreed to keep these pups as pets at the City Palace.

We cannot thank Anu enough for her great generosity both of time and money in providing us with this splendid new Dispensary which will greatly help the Dispensary team to treat the thousands of cases they see every year.



We also thank Dr. Priya Marwah for medical supplies; Seema Maini for 3 X-Ray viewers; Dinesh Sharma for 3 drip stands; Yashwant Sharma for the fans and electric lights throughout the new building; Shaan Bhatnagar who created a beautiful garden and mural; and Dudi Interiors who made all the interior woodwork without profit.

New Dispensary



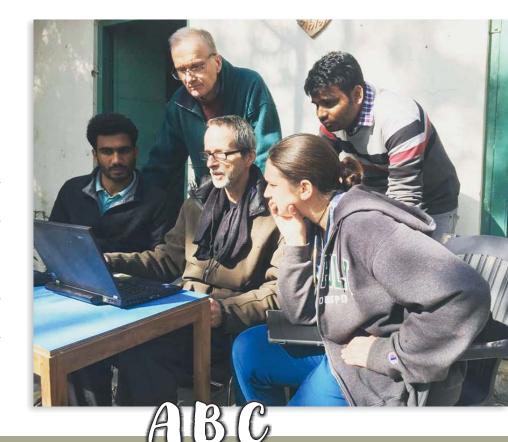
Visit of Dogs' Trust team

We were delighted to welcome veterinary surgeon, Catherine Dobbie and Francesca Baker from the Dogs' Trust, the UK's largest canine welfare charity, to Help in Suffering. The Dogs' Trust funded our ABC programme until December 2018.

It was our visitors' first trip to India and gave us an opportunity to show them the canine welfare and public health work of the Help in Suffering ABC programme. The Dogs' Trust team went catching with our teams and observed our surgical procedures. With our visitors we were able to discuss our work and its relevance to street dog population management, welfare and rabies control.

Lex Hiby, volunteer population biologist, visits HIS

The Help in Suffering ABC programme has been extensively monitored and recorded since its inception 25 years ago. We are very lucky to have had a volunteer population biologists, Lex Hiby, to advise and help us with our studies of the effects of the street dog work. Lex visited HIS early in 2019 after a gap of some years. During his visit he undertook surveys and short social questionnaires, and updated our team about current trends revealed by our regular surveys. It was great to have Lex with us, and we thank him for volunteering and his continued interest in helping our work.



The ABC programme has undertaken lifesaving surgery on bitches with a build-up of pus in the womb (pyometra). This condition is common in





Drs Sanjay and Emily operate on an aural haematoma



unspayed mature bitches, and untreated will kill the dog. By spaying the bitch we remove the problem with the infected organ, and also prevent further reproductive problems. Because the winter months are the breeding season for dogs in Jaipur the ABC programme has operated on several bitches rescued because of difficulties whelping (giving birth). While it has not been possible to save the puppies these operations do save the life of the bitches and prevent further gynaecological problems occurring.

So while much of the work of the ABC programme is routine, indeed repetitive, there are many opportunities to improve the welfare of individual street dogs in other ways too.

ABC

Dr. Victoria from SPANA (a charity foundation for working animals) visited Help in Suffering from 26 Feb to 02 Mar 2019, SPANA has been contributing to HIS regularly. She visited various villages with our Camel mobile clinic for the treatment.



Deworming medicine and advice were given to owners

A visit of hers was also planned to the holy city of Pushkar and a one days camp was organized for the treatment of the camels as that place has a large concentration of the same. A large number of camels are either used singularly or in the camel carts for tourists. The word was spread about our visit there and very soon a large number were brought to us for treatment most of them had a skin problem known as mange. Some of the other common issues observed were digestive disturbances, lameness, wounds, respiratory problems etc.



Mange was the main problem

Approximately 150 camels were treated there in a days visit. In order to spread awareness and as a gesture of community welfare and training customized plastic nose pegs, reflectors and educational leaflets were distributed. There was a very positive feedback from the camel owners regarding the visit.





Dr. Victoria of SPANA (red shirt far left) watches camels arrive at the treatment camp

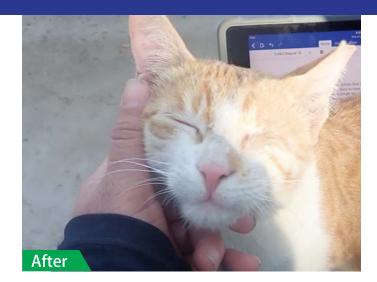




"The natural state of motherhood is unselfishness. A miracle is really the only way to describe motherhood and giving birth to a baby." One of our rescued female monkey gave birth to a baby in our shelter under observation. It is amazing to sit and watch the two interacting, she is a great mother.

There are many major animal species in India that are readily noticed and are in need of aid, but often left behind and without support are the street cats. Street cats are often left to fend for themselves on the busy streets of Jaipur and are generally considered bad luck. Owning a cat is not very common and adoptions of cats from the HIS shelter are very rare due to the stigma attached to cats.

Before



It should not be surprising that many cats that arrive at the HIS rescue are often in very bad shape with little hope of recovery. Rayleigh was one of those kittens. Rescued when she was very young, she had trauma to the eye that healed improperly causing her eye to constantly weep. Once it was determined that the eye was damaged beyond recovery, Rayleigh underwent surgery to remove the remnants of the eye and the tissue that was constantly irritated, weeping and causing pain. Since the operation, Rayleigh has recovered well thanks to the care she received from the staff at HIS who treated her enucleation site everyday after her surgery to make sure that she did not get an infection.

Rayleigh has re-joined the population of resident shelter cats at HIS now that she has completely recovered from surgery. To find her, all you have to do is call and she comes running looking forward to being held and given a few treats, pain free at last.





On a chilly January morning, a large goose was brought into the clinic at Help in Suffering with severe trauma to the head due to being struck by a boat. The goose was bleeding from its right eye and could not maintain its balance when it was presented at Help in Suffering. In order to decrease the pressure on the brain, the goose was given Mannitol which is a medicine that pulls water from tissues and into the circulatory system where it can then be excreted. Over the course of several days the goose was given regular doses of Mannitol so that the brain would not suffer from too much pressure which could cause irreparable brain damage. After a week of careful feeding and care, the goose started to stay upright more regularly and eventually started to eat some grains on its own. This was a very encouraging sign so physical rehabilitation was started with regular walks and grazing time near the calves who also have HIS as a temporary haven.









Dr Sanjay examining the goose on first presentation

The goose can currently maintain its balance enough that it has been allowed free roaming in one of the large bird cages. The goose has started to preen herself and honks at anybody who does not greet her properly while passing her cage. While the goose has recovered enough to survive on her own outside the confines of Help in Suffering, there is a permanent reminder of her injuries. She has a permanent head tilt and her right eye is probably damaged beyond repair. Luckily for her, a generous supporter of HIS, Anu, has come forward to adopt the goose into her large flock.



Street dogs have their instinct to protect their territory. They need to protect their area, food and water etc. In this process if some other dog enters in their territory then they attack that dog. This poor dog entered in some other dogs territory and has been attacked by them and got severely injured. After getting complain our rescue team hurried to get the dog to Help in Suffering. Our veterinary doctor Dr. Mayank immediately started the treatment. With appropriate treatment and excellent care the dog has recovered, and is back on the streets.







Our Rescue

Much of the surgery done at Help in Suffering is gynaecological or obstetrical, it is rare however for us to operate on a monkey. One evening a group of kind and concerned men brought to us a sick young female monkey that had been in their garden for some days and had now collapsed. Bravely they had caught the ailing monkey and brought her to us for help. Our evening rescue vet examined the young macaque and determined that she was in labour. There was no reason at this time to suppose that the labour was not proceeding normally so we gave the monkey painkillers, food and water and put her in our quietest pen overnight so she might give birth uninterrupted.



Compounder Mukesh nurses the young monkey after the operation



Sadly, in the morning the monkey's labour had not proceeded, though the infant's head could be clearly felt in the correct position. The monkey was in some distress so we decided to undertake a caesarean section. The little monkey was taken to

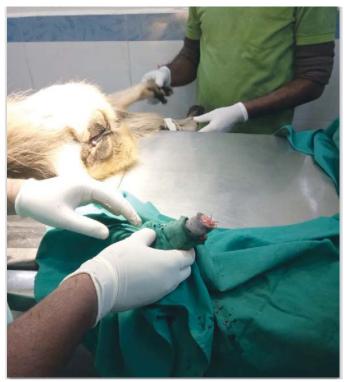
theatre, anaesthetised and intubated and prepared for surgery. Sadly during surgery we found that the baby was dead, but the surgical team continued to try to save the monkey's life.



Monkey Caesar Recovery

The team provided support and intensive care, but for two days after the surgery the macaque was gravely ill. Further medical treatment was given regularly even though treating monkeys is difficult and dangerous. On the third day post op the monkey rallied and began eating; progress has since been rapid. The surgical wound is healing well, and the monkey has been moved from the quiet pen in to our main monkey cage since, as social animals, isolation is itself stressful. Once we are sure she has fully recovered, and after a few days of good quality diet to build up her strength we will release the money back into the area from which the kind local Good Samaritans rescued her.











Drs. Mayank and Pramod decided that the only treatment to free the monkey from her pain and suffering was to amputate the tail surgically. Anaesthesia and surgery in monkeys is not often undertaken at Help in Suffering, but the surgery was a success. The langur was kept under treatment in our hospital. After the surgical wound had fully healed, she was released back into the jungle area where she had been caught.



In an unusual and dramatic case recently our rescue team rescued a street dog bitch with a large prolapse. Such prolapses are common in cattle and sheep but rarely seen in dogs. Immediately on the dog's entering the HIS hospital Dr. Pramod, who attends most rescue cases, went to work to help this poor dog. She was anaesthetised and given pain killers. Dr. Pramod and his team then very carefully cleaned the delicate but large structure and after some little struggle replaced the vaginal tissue back inside the dog. Medication was given to reduce inflammation and infection and the bitch was cared for and treated daily to ensure the prolapse did not re-occur. After a few days it was clear the tissue would not be expelled again. Without the prompt action of the Help in Suffering rescue team



Vaginal Prolapse Pramod

maggots would have attacked the prolapsed tissue and the bitch would have suffered terribly. Once recovered from the prolapse the bitch was then sent to the ABC Programme where she was spayed uneventfully. Spaying should remove all chance that the prolapse could return. A few days later the bitch, having recovered from spaying, was successfully and happily released back to its home.



Bird Boxes

In 1980 our Founder 'Mishy' Rogers coined our motto, "For helping suffering animals and all living things'.

In an attempt to fulfil the second part of this motto we recently made 6 or 7 nest boxes out of the waste wood from a dilapidated cupboard. We hope these will encourage birds and other wildlife in the Help in Suffering compound. The nest boxes have been placed around the compound; while birds are yet to show an interest, palm squirrels have been quick to see the potential of the boxes. We hope to place more nest boxes to encourage wildlife in our hospital grounds.



One day an owner, Ramlal, came to CRC in Bassi from a village 10 kms away. His camel's lower jaw was broken a day previously. He said that his camel started fighting with another camel standing nearby and broke his own mandible (jaw) in the fight.

Dr. Jitendar and Dr. Abhinav examined Ramlal's camel and found that the mandible was hanging and the camel was very dull and depressed. Immediately they started giving painkillers, antibiotics and intravenous fluids.

The veterinary team decided to repair the fractured mandible surgically. After sedation the jaw was cleaned and inter-dental wiring was done to make the fractured parts immobile. Without treatment mandibular fractures in the camel are always a fatal condition, but if proper treatment is done, as with Ramlal's camel, almost all the lives can be saved.



Dr. Abhinav examines Ramlal's camel's broken jaw









I came to Help in Suffering about to turn 30 years of age without feeling like I had really started my career. I had gone to Veterinary School in the hopes of bettering the welfare of animals by teaching basic medicine in third world countries... What I found when I got out of veterinary school was that the world had become nationalistic and selfcentered while I had had my heads in the academic clouds. It seemed that there was no room for a global view of people working across borders for the good of all. For roughly a year and a half, I applied to various organizations in the international veterinary/teaching sector in which I longed to practice, while working relief shifts in various non-profit clinics in Los Angeles, California including a Los Angeles County kitten nursery. Just when I was starting to lose hope of pursuing an international veterinary medicine dream, I stumbled on a website for little shelter called Help in Suffering and wrote to the campus email box right away to ask if I could come and volunteer.

I arrived in early January with the plan to volunteer primarily with large animals for at most three months though I find myself still at Help in Suffering in late April having primarily worked with felines. As I have been told many times during my stay in Jaipur, cats are still seen by many locals as omens of bad luck. They are often ignored if not avoided altogether and the few felines



that are presented to Help in Suffering are often in severely poor condition. While working at Help in Suffering, I have found that while the Indian economy has grown tremendously, it is still a land of great need. Around every street corner one can find human and animal suffering. Between the disabled beggar and the street dog that has gone completely bald with mange, one can easily feel hopelessly lost in the need and the suffering. At those times when the amount of need and suffering is starting to weigh on my soul, I look at the photos I have stored in a special file on my mobile phone...They are photos of people within the community who have found it in their hearts to adopt some of the smallest and most reviled of the domesticated species in Jaipur. Their faces smiling as they hold their new kitten waiting to be taken home and hopefully live a much better life than the short suffering one that laid ahead of them until they came to our haven (usually thanks to good hearted people who stop to help a helpless creature in need). While I have come to realize that I was young and arrogant to think that I could increase the welfare of animals by brute effort, these minor victories that I have witnessed at Help in Suffering have also given me hope that even if one changes the environment just a little it might have a prolonged impact on the overall welfare of animals and the world

I want to thank the team at Help in Suffering for hosting me and helping me during these past four months. I want to thank the many residents of Jaipur who have shown such kindness to the animals they share their site with. And I want to thank the donors to Help in Suffering for making this little haven in Jaipur possible. Help in Suffering is truly a special place that is making a difference in the lives of the animals around Jaipur.

> **Emily Segal** DVM





Tinkerbell aka Inky came to us in October. We saw a photograph that Help In Suffering posted looking for a home for her, and we knew that she was ours. She's the sweetest, calmest dog we've ever met, she instantly wormed her way into our hearts. She was thin, recovering from a maggot wound and some other infections all expertly treated by the doctors and staff at HIS.

Shes anywhere from 8 to 80 years old, calm and poised, with the most gorgeously shaded ears nature ever made, and a slightly crooked grin. She now has many names - Saint Inkly - for the fact that shes incredibly patient and will wait for you to get your caffeine fix even when she needs to walk; blobfor the fact that with her hair is super soft and fluffy

making her look like a big black splat when she sleeps; Ninja - because she makes no sound as she moves around (we got her a collar covered in bells to counter this), to name just a few



Her personality is slowly emerging, aided by the relentless energy of her pint sized sister. Shes obsessed with car rides, loves hunting for cats (though she doesn't know what to do when she finds one) and has entranced all the kids in the building to drop in through the day to pet her. Shes never met a tennis ball she didn't want, and will merrily walk into the pool to fetch one if she must. If you say 'shu' in an urgent tone, she goes on instant alert, and looks around intently (we're not sure for what), and has the cutest bark - sounds like it has a question mark at the end. When her sister is being particularly persistent, she gives us a pained, wise look, sighs and endures.



We're blessed we found her, shes added a lot of joy to our lives. Thank you HIS for the excellent work that you do.

Prianka Sinha and Capt. Abhay Kumar



The brief yet significant journey with the macaque baby was an unforeseen event in my life. I palpably remember the first morning visit to 'Help In Suffering' on 2 nd May (Thursday) this year which was an overwhelming exposure and a delight for an animal lover like myself. I was undoubtedly astonished by the spectrum of animals that I saw, it ranged from small birds and kittens to larger animals like camels and cows. It was a half an hour walk around the campus with Ms. Vijaya Sinha. One of the memorable encounters was a tiny macaque baby just four days old. The baby after the regular check was offered to me to hold and this experience was indeed surreal. Firstly, for obvious reasons that I never held a baby monkey before. Secondly, the monkey was so petite and delicate that my nervousness overtook the excitement. I would never forget the gaze she gave at that point. It was similar to the one a human baby would showcase. The day went by and I was very contended and happy when I got back home.

Not more than two days later, I was given the opportunity to foster the little one who had moved me so much. Well, this was something that I could have never fantasized. And without further

tmpar

delay the baby was at my home the following day (4th May 2019, Saturday). I had got her home in a bright green basket with thin bedding that later on became her playing prop. She was accompanied by her toy which was double her size and she would see the toy with curiosity but would never dare to go near.

The entire first day went by in amusement as I would observe her for hours straight and she would equally like the attention. The next step was to give her an identity, a name. My family voluntarily participated for this



part with full excitement. They would come up with hundreds of names each day. My friends were no behind. And this activity continued till the last day that I had the little one with me. Every day I would think of a new name myself but by default end up calling her "Baby". That is what she was to me, all of a sudden, my recognition of being an 'animal lover' had transformed to that of a 'parent'.

I would sit with her on my lap and see her playful fingers unfurl in a manner similar to a human baby, wanting to grab whatsoever comes in the way. Her glimmering eyes would be in a constant undefined search around her. Gradually, she also got accustomed to my schedule as she would have meals at dedicated timings, sleep and wake up at the same time that I used to. Of all the things that she was fond of, grapes and water melon topped the list. Although, as a matter of fact, it would take her nearly 45 minutes to finish one grape or a small piece of watermelon.

With every passing day, her actions, I was beginning to feel were no less human. In fact, she was more humane than any other human at that point in life could possibly be. Playfulness and hyperactivity being her basic instincts, meant that you needed to be present around her all the time in order to acknowledge the same. For that matter, you needed to be equally energetic.

A BEAUTIFUL JOURNEY

It's only the fourth day and here she is, managing her way out of the basket. Well yes, by this time she had already started walking. She is definitely a fighter and knows her way out by constantly thriving even after so many failed attempts. She would jump out of the basket and come running to grab my foot and cling to it as if she would never let go of it. Given a little raise from the usual ground level, she would cling to my clothes in a manner that I felt she had unknowingly accepted me as her mother. The curiosity with which she would go about exploring around was something to learn and understand. The consciousness of our immediate surroundings should be constantly present.

Her playfulness is infectious and it came out as a positive change since all the people in the house got involved and were driven towards her. She was no more any other monkey brought for fostering; she became the center of attraction for everyone and a part of the family. Despite of the initial unwillingness to share the house with another primate, all the people would now take turns to play with her.

The few days pertaining to the growth of "BABY "was not restricted to an individual territory but both of us were growing together.

Although the fostering lasted for a mere ten days, but the learning and realization of a co – existence with other species would be carved forever. The ten days, however short they may appear were one of the most profound days.

And as the life cycle goes, soon she would be joining her family out in the natural habitat and making her survival through all odds.

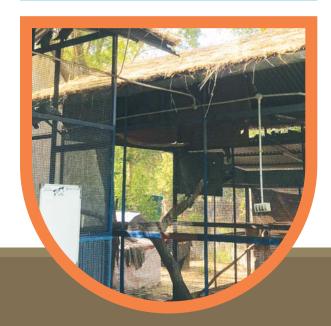
- Malvika Singh











India's extreme summer has seared its animals life. The situation has been exacerbated by the devastating heat and drought across the country. The heat has taken a toll on both wildlife and domestic animals. Most of the doctors have been very busy with cases of animals suffering from heat stroke, high fever and dehydration. Managing animals in high temperatures requires a lot of forward planning. It is essential in ensuring that both domestic and wildlife animals have sufficient shade and water on hot days. It is a very stressful time for all animals in extreme heat, so everyone should take some precautions to avoid that result. Each person has a responsibility to ensure the well being of the animals. In an attempt to help the animals cope with the heat, Help in Suffering has put grass straws on top of some of the animal's cages. These straws keeps the areas cool and comfortable for the animals. It is necessary to help and take action for those who can't speak for themselves. "Be the change you want to see in the world" - Mahatma Gandhi.

Beat the Heat





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IFSC: HDFC0000644

Account Name: Help In Suffering

Address: Maharani Farm, Durgapura - Jaipur

302018

Account number: 20085901188

Bank: Bank of Maharashtra

Bank Address: E-2, Ground Floor, K.J. City Tower, Ashok Marg,

C-Scheme, M.I. Road, Jaipur-302001, Rajasthan

IFSC: MAHB0000389

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Address: Maharani Farm, Durgapura - Jaipur

302018 **Account number**: 20085900605

Bank of Maharashtra

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Please make cheques payable to **Help In Suffering** and mail to the address given below.

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www.his-india.in

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Mrs June Harney, 49 Baring Road, Beaconsfield, Bucks., HP9 2NF, England juneharney1006@btinternet.com

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